

Chart of Typical Development

This chart will provide information regarding typical developmental milestones in [cognitive](#), [gross motor](#), [fine motor](#), and [self-help skills](#). Please bear in mind that rates of development may vary, however, if your child demonstrates skills that are significantly lower than his/her age range, you may want to consider [scheduling an appointment](#) to have your child screened.

18 - 24 months:

Cognitive Skills

- Identifies parts of own body
- Attends to nursery rhymes
- Points to pictures in a book upon request
- Imitates sounds, words, or body movements
- Activates objects directly

Gross Motor Skills

- Walks downstairs with support
- Jumps in place
- Pushes/pulls a light object
- Sits directly in a small chair
- Runs length of a room without falling
- Stands on one foot momentarily
- Picks up toy from floor when standing up

Fine Motor Skills

- Imitates vertical line
- Manipulates an object with fingers and thumb alone
- Turns pages of book one by one

Self-Help Skills

- Zips and unzips a large zipper
- Attempts to put on shoes
- Removes all clothes without help
- Attempts to put familiar objects away
- Unwraps enclosed foods like crackers

36-48 Months:

Cognitive Skills

- Matches two or three colors
- Knows concepts big/little, fast/slow, long/short
- Tells a simple story
- Matches pictures of like objects
- Rote counts to three

Gross Motor Skills

- Catches a bounced ball
- Walks downstairs without support alternating feet
- Jumps forward without falling
- Throws ball overhand
- Climbs to top of slide and slides down

Fine Motor Skills

- Copies a circle
- Puts together objects requiring fine muscle control
- Cuts along a 1/4 inch line with a continuous opening and closing motion

Self-Help Skills

- Completely dresses self with verbal assistance
- Wipes up spills
- Brushes teeth independently
- Washes and dries hands independently
- Toilet-trained

Age of Child Typical Language Development

<p>6 Months</p>	<p>Vocalization with intonation Responds to his name Responds to human voices without visual cues by turning his head and eyes Responds appropriately to friendly and angry tones</p>
<p>12 Months</p>	<p>Uses one or more words with meaning (this may be a fragment of a word) Understands simple instructions, especially if vocal or physical cues are given Practices inflection Is aware of the social value of speech</p>
<p>18 Months</p>	<p>Has vocabulary of approximately 5-20 words Vocabulary made up chiefly of nouns Some echolalia (repeating a word or phrase over and over) Much jargon with emotional content Is able to follow simple commands</p>
<p>24 Months</p>	<p>Can name a number of objects common to his surroundings Is able to use at least two prepositions, usually chosen from the following: in, on, under Combines words into a short sentence-largely noun-verb combinations (mean) length of sentences is given as 1.2 words Approximately 2/3 of what child says should be intelligible Vocabulary of approximately 150-300 words Rhythm and fluency often poor Volume and pitch of voice not yet well-controlled Can use two pronouns correctly: I, me, you, although me and I are often confused My and mine are beginning to emerge Responds to such commands as "show me your eyes (nose, mouth, hair)"</p>
<p>36 Months</p>	<p>Use pronouns I, you, me correctly Is using some plurals and past tenses Knows at least three prepositions, usually in, on, under Knows chief parts of body and should be able to indicate these if not name Handles three word sentences easily Has in the neighborhood of 900-1000 words About 90% of what child says should be intelligible Verbs begin to predominate</p>

	<p>Understands most simple questions dealing with his environment and activities Relates his experiences so that they can be followed with reason Able to reason out such questions as "what must you do when you are sleepy, hungry, cool, or thirsty?" Should be able to give his sex, name, age Should not be expected to answer all questions even though he understands what is expected</p>
<p>48 Months</p>	<p>Knows names of familiar animals Can use at least four prepositions or can demonstrate his understanding of their meaning when given commands Names common objects in picture books or magazines Knows one or more colors Can repeat 4 digits when they are given slowly Can usually repeat words of four syllables Demonstrates understanding of over and under Has most vowels and diphthongs and the consonants p, b, m, w, n well established Often indulges in make-believe Extensive verbalization as he carries out activities Understands such concepts as longer, larger, when a contrast is presented Readily follows simple commands even though the stimulus objects are not in sight Much repetition of words, phrases, syllables, and even sounds</p>
<p>60 Months</p>	<p>Can use many descriptive words spontaneously-both adjectives and adverbs Knows common opposites: big-little, hard-soft, heavy-light, etc Has number concepts of 4 or more Can count to ten Speech should be completely intelligible, in spite of articulation problems Should have all vowels and the consonants, m,p,b,h,w,k,g,t,d,n,ng,y (yellow) Should be able to repeat sentences as long as nine words Should be able to define common objects in terms of use (hat, shoe, chair) Should be able to follow three commands given without interruptions Should know his age Should have simple time concepts: morning, afternoon, night, day, later, after, while Tomorrow, yesterday, today Should be using fairly long sentences and should use some compound and some complex sentences Speech on the whole should be grammatically correct</p>
<p>6 Years</p>	<p>In addition to the above consonants these should be mastered: f, v, sh, zh, th,1 He should have concepts of 7 Speech should be completely intelligible and socially useful Should be able to tell one a rather connected story about a picture, seeing relationships</p>

	Between objects and happenings
7 Years	<p>Should have mastered the consonants s-z, r, voiceless th, ch, wh, and the soft g as in George</p> <p>Should handle opposite analogies easily: girl-boy, man-woman, flies-swims, blunt-sharp short-long, sweet-sour, etc</p> <p>Understands such terms as: alike, different, beginning, end, etc</p> <p>Should be able to tell time to quarter hour</p> <p>Should be able to do simple reading and to write or print many words</p>
8 Years	<p>Can relate rather involved accounts of events, many of which occurred at some time in the past</p> <p>Complex and compound sentences should be used easily</p> <p>Should be few lapses in grammatical constrictions-tense, pronouns, plurals</p> <p>All speech sounds, including consonant blends should be established</p> <p>Should be reading with considerable ease and now writing simple compositions</p> <p>Social amenities should be present in his speech in appropriate situations</p> <p>Control of rate, pitch, and volume are generally well and appropriately established</p> <p>Can carry on conversation at rather adult level</p> <p>Follows fairly complex directions with little repetition</p> <p>Has well developed time and number concepts</p>